## **Gardening for Pollinators**

Use a variety of native plants that bloom at different times to ensure that nectar and pollen are available from early spring to late fall.

Grow host and nectar plants that support all stages of pollinator life cycles.

Cluster plants in groups of three or more making it easier for pollinators to locate and feed on them.

Avoid pesticides. Most pesticides aren't selective and harm beneficial insects too.

Cut back stems in spring leaving stubble of 8 to 24 inches to provide winter nesting cavities for native bees and wasps.

Leave fallen leaves in the garden providing habitat for overwintering insects and invertebrates.

Leave bare ground to provide habitat for many of the native bees that nest in the ground.

Remove invasive plants that outcompete natives plants.



### Additional resources

Blandy Experimental Farm blandy.virginia.edu/
Virginia Native Plant Society vnps.org
The Xerces Society for Invertebrate Conservation www.xerces.org
Pollinator Partnership pollinator.org
Plant Virginia Natives plantvirginianatives.org



## **Your Support Matters**

The Pollination Garden is supported by the Foundation of the State Arboretum. Become a member of the Foundation or sign up to volunteer by visiting our website **blandy.virginia.edu** and click on the "**Support**" tab for more information.

#### Contact us

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# A Guide to Creating a Pollinator Garden

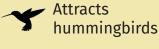
The State Arboretum of Virginia at the University of Virginia's Blandy Experimental Farm

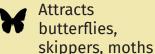
## **Plants for Pollinators**

These are just a few Virginia native pollinator favorites that grow well in our area in full to part sun in average garden soils.











**Golden Alexanders** Zizia aurea. Zizia aptera Blooms from April to June. Easy to grow in full to part sun. Early nectar source.



Beebalms Monarda spp. Strikng blooms from June to September grows best in full sun.



Lobelias Lobelia cardinalis. L. siphilitica Morning sun and moist soils are best. Blooms from July to October.



Ironweed Vernonica glauca The tall, upright, bright purple flowers bloom from July to August.



Golden ragworts Packera aurea Blooms in May to June in full sun to light shade. Evergreen ground cover.



Mountain mints Pycnanthemum spp. Minty fragrance and spreading habit. Blooms from July to September.



Joe Pye weeds Eutrochium spp., Eupatorium spp. Tall, sturdy plants bloom from July to October.



Goldenrods Solidago spp. Species for full sun to shade, in moist soils to dry. Yellow blooms from July to October.



Beardtongues

Penstemon spp. Variety of colors and growing conditions. Tubular, unique blooms from May to June.







Symphyotrichum spp. Eurybia sp.



The quintessential fall perennial. Blooms from August to October, Pair with goldenrods.



Honeysuckle vine Lonicera sempervirens Native vine with tubular scarlet flowers bloomingfrom May to June.



# **Hungry Caterpillars**



Pipevine swallowtail caterpillar on spicebush.

Female butterflies and moths lay their eggs on the leaves of host plants, a plant whose leaves caterpillars (larvae) consume to grow. Trees, shrubs, and perennials can handle heavy feeding by caterpillars that will turn into adult butterflies and moths. Chewed and nibbled leaves are a sign of a healthy and sustainable landscape.



Black swallowtail caterpillar eating dill.

### Milkweeds

Asclepias spp. Provide nectar and host services for a number of pollinators, blooms from June to

